# The Five Behaviors of a Cohesive Team™ Facilitator Accreditation Course Syllabus

The following is a syllabus for *The Five Behaviors of a Cohesive Team* Facilitator Accreditation. This document describes the activities in each module and, for an actual course, would provide due dates to help you stay on track.

The course will open 10 days before the first live session have time to complete the Course Introduction and Module 1 independent online activities. *All activities in the Course Introduction must be completed before beginning Module 1*.

All activities of the course must be completed (self-directed and live virtual classroom) in order to qualify to take the final exam. Upon successfully completing the course, you will receive the credential of The Five Behaviors of a Cohesive Team Accredited Facilitator. **Your accreditation will hold for two years**, at which point you may participate in a renewal program to continue your accreditation.

#### Course Introduction

Activity Title	Activity Description
Course Opens	Login and change password. Edit your Profile to reflect correct timezone, add a picture, etc. Begin self-directed online activities.
Activity Title	Activity Description
Orientation for this Online Course	Review the course requirements, benefits, and information about the technology and platform navigation.
Introductions: Meet Your Classmates	Participate in a full-group discussion board activity. Introduce yourself, and meet your instructor and classmates.
Return to Introductions: Meet Your Classmates	Comment on your classmates' posting.
Video: Pre-Assessment Orientation	Watch an introductory video about The Five Behaviors assessment.
The Five Behaviors of a Cohesive Team Assessment	Take the assessment.
Read <i>The Five Dysfunctions of a Team</i> by Patrick Lencioni	Read the book, <i>The Five Dysfunctions of a Team</i> , by Patrick Lencioni.
What's in Your Kit?	Review The Five Behaviors Facilitation Kit, the reports, and the USB/web resources.
Choose Your Project Team	Using the provided worksheet, select and describe an actual team that you might take through the Five Behaviors process.
The Five Dysfunctions of a Team Knowledge Check	Take a short quiz to assess your knowledge of The Five Dysfunctions book.

## Module 1: Introduction to the Models

Activity Title	Activity Description
Video: Introduction to <i>The Five Behaviors</i> of a Cohesive Team $^{^{\text{TM}}}$ Model	Watch an introductory video about The Five Behaviors model.
Getting Started Scavenger Hunt	Test your knowledge of the Getting Started portion of the Facilitation Kit through an interactive activity.
Assessing Your Project Team's Readiness	Evaluate the readiness of your Project Team to participate in The Five Behaviors program.
A Deeper Dive into The Five Behaviors Model	Understand the motivations behind dysfunctional behavior and the shifts that must happen to allow The Five Behaviors to emerge.
Video: What if people had their needs written all over them?	Watch an introductory video about The Everything DiSC® model.
The Everything DiSC Model: Basic Characteristics	Learn about the basic DiSC <sup>®</sup> characteristics through an interactive activity.
Understanding Your DiSC Style	Learn about the DiSC map and dot placement through an interactive activity.
Common Misuses of DiSC Language	Discover the most common misuses of DiSC through an interactive activity, and learn how to address them in your sessions.
The Value of DiSC Card Sort	Complete an interactive knowledge check activity about common misuses and appropriate uses of DiSC.
The Everything DiSC People-Reading Technique	Learn a simple people-reading technique through an interactive activity.
People Reading: Practice Session	Practice the Everything DiSC people-reading technique through an interactive activity.
DiSC and The Five Behaviors	Find out the way in which DiSC styles affect how people approach The Five Behaviors.
People-Reading Your Project Team	Create a DiSC profile for your Project Team.
People-Reading Your Project Team Discussion	Post your Project Team DiSC profile to a small-group discussion board.
What ifs: Poll	Review some of the most common issues associated with this module and vote for the two you'd most like to discuss in the live session.

Activity Title	Activity Description
Video: The Power of Teamwork (optional)	In this optional activity, you can review Patrick Lencioni's video on the power of teamwork—how he came to believe in it and why it's so valuable.
Return to People-Reading Your Project Team Discussion	Comment on your classmates' posting.
<b>Live Session 1:</b> Introduction to the Models *To enter, click "5BLive Classroom" in the "live classroom" box on the right side of your screen.	Explore <i>The Five Behaviors</i> <sup>™</sup> model and the Everything DiSC <sup>®</sup> model through discussions and a facilitation activity.
What ifs: Answered	Listen to guidance about how to approach the challenging scenarios posed in the What ifs: Poll.
Best Practices Discussion	Respond to questions on a full-group discussion board.
Project Team Activity: Introduction (This activity is reviewed and check-marked by the facilitator)	Create a customized activity for your Project Team, share your work with your Project Team group, and give and receive feedback.

## Module 2: Trust

Activity Title	Activity Description
Video: Patrick Lencioni Explains Trust	Watch an introductory video about trust.
Trust Survey Results Slider	Explore different scoring scenarios and their implications for the team.
DiSC <sup>®</sup> Styles and Trust	Learn about how different DiSC styles engage in trust through a video and interactive activity.
Full-Class Discussion Trust: What does the score mean?	Discussion about how to interpret a sample set of Trust scores.
Video Scenarios	View a series of scenarios and select the best option for the facilitator's response.
Facilitating Decision Tech's Executive Team	Using Decision Tech's Annotated Team report, answer questions about the team's approach to Trust.
What ifs: Poll	Review some of the most common issues associated with this module and vote for the two you'd most like to discuss in the live session.
Facilitator Reference Videos: Trust (optional)	In this optional activity, you can review some of Patrick Lencioni's videos, which offer extended explanation and tips for facilitating the material.

Activity Title	Activity Description
Prepare for Live Session 5-minute Teachback (if assigned)	Provide an overview of key concepts and facilitation concerns and suggestions for facilitating Trust.  Send customized slides to facilitator if you made them.
Live Session 2: Facilitating Trust Click "5BLive Classroom"	Explore and facilitate the Trust module.
What ifs: Answered	Listen to guidance about how to approach the challenging scenarios posed in the What ifs: Poll.
Best Practices Discussion	Respond to questions on a full-group discussion board.
Project Team Activity: Trust (This activity is reviewed and check-marked by the facilitator)	Create a customized activity for your Project Team, share your work with your Project Team group, and give and receive feedback.

## Module 3: Conflict & Commitment

Activity Title	Activity Description
CONFLICT	
Video: Patrick Lencioni Explains Conflict	Watch an introductory video about conflict.
The Conflict Continuum	Watch a video that explains the conflict continuum and what it means for teams.
Discussion: Where does your Project Team fall on the Conflict Continuum?	Small-group discussion about your Project Team and conflict.
The Conflict Map	Learn about healthy and unhealthy conflict behaviors.
What Type of Conflict?	Watch short video scenarios and decide whether the team is engaging in productive or unproductive conflict.
Acceptable Behavior During Conflict	Interactive lesson answers the question: How will your tolerance or lack of tolerance affect how you facilitate Conflict in a workshop?
COMMITMENT	
Video: Patrick Lencioni Explains Commitment	Watch an introductory video about commitment.
What's Behind Low Commitment?	Learn about some possible causes of low commitment on a team.
Clarity: What does the score mean?	Decide how, as a facilitator, you'd approach two sets of assessment scores.
Buy-in: What does the score mean?	Decide how, as a facilitator, you'd approach two sets of assessment scores.
Commitment—What went wrong?	Watch a video and post comments to discussion board.

Activity Title	Activity Description
What ifs: Poll	Review some of the most common issues associated with this module and vote for the two you'd most like to discuss in the live session.
Facilitator Reference Videos: Conflict and Commitment (optional)	In this optional activity, you can review some of Patrick Lencioni's videos, which offer extended explanation and tips for facilitating the material.
Prepare for Live Session 5-minute Teachback (if assigned)	Provide an overview of key concepts and facilitation concerns and suggestions for facilitating Conflict and Commitment.  Send customized slides to facilitator if you made them.
Live Session 3: Conflict and Commitment Click "5BLive Classroom"	Explore and facilitate Conflict and Commitment.
What ifs: Answered	Listen to guidance about how to approach the challenging scenarios posed in the What ifs: Poll.
Best Practices Discussion	Respond to questions on a full-group discussion board.
Project Team Activity: Conflict and Commitment (This activity is reviewed and check-marked by the facilitator)	Create a customized activity for your Project Team, share your work with your Project Team group, and give and receive feedback.

# Module 4: Accountability & Results

Activity Title	Activity Description
ACCOUNTABILITY	
Video: Patrick Lencioni Explains Accountability	Watch an introductory video about accountability.
Accountability or Conflict?	Distinguish between scenarios of either accountability or conflict behaviors.
Accountability Survey Results Slider	Explore different scoring scenarios and their implications for the team.
Discussion: Obstacles to Accountability	Post your answers to a set of questions and respond to your group's posts.
RESULTS	
Video: Patrick Lencioni Explains Results	Watch an introductory video about results.
Understanding Collective Results	Gain an appreciation of what "collective results" really means.
Results: Common Distractions	Rank order common distractions and decide how you might address them with your Project Team.

Activity Title	Activity Description
What ifs: Poll	Review some of the most common issues associated with this module and vote for the two you'd most like to discuss in the live session.
Facilitator Reference Videos: Accountability and Results (optional)	In this optional activity, you can review some of Patrick Lencioni's videos, which offer extended explanation and tips for facilitating the material.
Prepare for Live Session 5-minute Teachback (if assigned)	Provide an overview of key concepts and facilitation concerns and suggestions for facilitating Accountability and Results.
	Send customized slides to facilitator if you made them.
Live Session 4: Accountability and Results Click "5BLive Classroom"	Explore and facilitate Accountability and Results.
What ifs: Answered	Listen to guidance about how to approach the challenging scenarios posed in the What ifs: Poll.
Best Practices Discussion	Respond to questions on a full-group discussion board.
Project Team Activity: Accountability and Results (This activity is reviewed and checkmarked by the facilitator)	Create a customized activity for your Project Team, share your work with your Project Team group, and give and receive feedback.

# Module 5: Putting It All Together

Activity Title	Activity Description
Project Team Activity: Action Planning (This activity is reviewed and check-marked by the facilitator)	Create a customized activity for your Project Team, share your work with your Project Team group, and give and receive feedback.
Project Team Presentation	Prepare a Project Team plan to present to your breakout group during Live Session 5.
Live Session 5: Putting It All together Click "5BLive Classroom"	Present Project Team Plans and provide feedback to peers in breakout groups.
Best Practices Discussion	Respond to questions on a full-group discussion board.
The Progress Report	Learn about <i>The Five Behaviors of a Cohesive Team</i> $^{\text{TM}}$ <i>Progress Report</i> and the considerations for when and how to use it.
Why Do I Need to Know the Research?	Learn about why it is important to understand the research that supports <i>The Five Behaviors of a Cohesive Team Profile</i> .
The Five Behaviors <sup>™</sup> Research Report Scavenger Hunt	Use this activity to test your knowledge of The Five Behaviors Research Report.
Facilitator Self-Evaluation (handout)	A takeaway worksheet to help you evaluate your performance in a future workshop.

#### FINAL EXAM

#### **Final Exam**

The exam will be provided after the last live session closes, and it will remain open for 72 hours.

- You are allowed to use your profile, kit, notes, and the online course pages for this open-book/platform exam. The system will bookmark where you are in the exam so that you can go to a different location in the platform and return to where you left off in the exam.
- The exam consists of 21 multiple choice, matching, and true/false questions with a possibility of earning 53 points.
- You will not be able to review the exam results until all classmates have completed the exam.
- A grade of 80% is required to pass (43 points.) Should you not pass the exam, you will be given another opportunity.